

GRAB & GO MENU

WEEK OF Oct. 19th -23rd

Meal #1-

Breakfast- Sausage, egg & chs boat, juice, applesauce & Low fat milk

Lunch- Grilled Cheese, Mixed Veg, Pears & low fat milk

Meal # 2-

Breakfast- Breakfast bar, Apple, Orange juice & Low Fat Milk

Lunch- Smuckers, Dragon Juice, Fruit Mix & Low Fat milk

Meal # 3-

Breakfast- Cereal kit, applesauce, & Low Fat milk

Lunch- Fiesta box & Low Fat Milk

Meal # 4-

Breakfast-Cereal Bar Kit, Grape Juice & Low Fat Milk

Lunch -Lunchable, Carrots, Strawberry Cup, Low fat milk

Meal #5-

Breakfast-Texas Toast, Apple Juice, & Low fat milk

Lunch-Chicken Taco, Carrots, Orange, & Low Fat Milk

Sometimes we have to substitute our menu. We always guarantee A complete nutritious meal. Thank you for understanding.